



THE SPA  
NOMAD

# SPA MENU

## FACIAL + MASSAGE

### SIMPLY WELLNESS – FULL

\$388

135 Min

Ultimate tranquility. This VIP pamper package includes a luxurious full body massage to release muscle tension and stress, plus Spa Nomad's signature Classic Facial for ultimate hydration and skin revitalisation.

### SIMPLY WELLNESS – HALF

\$225

75 Min

Take a moment for you with a 30 minute luxurious full body massage and 45 minute Classic Facial for ultimate hydration and skin revitalisation.

## FACIALS

*All facial treatments include shoulder and facial massage*

60 Min

### CLASSIC RELAXING FACIAL

\$188

Designed for all skin types, take a moment for this specialised relaxing aspect treatment customised to your specific skin needs. Facial includes all the essentials including cleanse, exfoliate, and masks to deliver divine results.



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## BRIGHTENING FACIAL

\$188

*Dry, rough skin, dull and tired skin, fine lines and wrinkles*

Revitalising and brightening facial, perfect for dry, dull and tired skin. Beginning with an enzyme peel, the process removes the outermost layer of dead skin cells, followed by the application of vitamin A, C and E ampule product boost. A LED light therapy machine and bringing mask to finish, will leave your skin softer and brighter.

## COLLAGEN FACIAL

\$188

*Fine lines, wrinkles, pigmentation, dull and tired skin*

Ultimate anti-ageing treatment for plumping skin and reducing fine lines. This facial involves a hot and cold machine which applies collagen ample product to your skin. The heat increases blood and lymphatic circulation, stimulating the growth of new collagen and elastin. The cold temperature boosts skin metabolism and entry, resulting in visible skin renewal.

## PRENATAL / POSTNATAL FACIAL

\$188

*Dry or rough skin, enlarged pores, Spider Veins, broken capillaries, redness and rosacea, acne scarring, fine lines, wrinkles*

Specially customised for pregnant or breastfeeding mothers to accommodate increased sensitivity of skin. Helping to deeply hydrate the skin, this facial alleviates dryness or dullness commonly experienced with pregnancy. Assisting in stimulating blood circulation and oxygenating the skin, this facial will leave you with a healthy glow.



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## HOLLYWOOD FACIAL

\$258

*Acne scarring, fine lines, wrinkles, pigmentation, acne reduction, blackheads, breakouts, rough or dry skin, enlarged pores, redness, rosacea.*

Also known as the Red Carpet Facial, the Hollywood Facial is a 60-minute intensive treatment using two professional masks from IS Clinical. Designed to resurface the skin, reduce fine lines, wrinkles and hyper-pigmentation, this facial provides instant brightening, toning and smoothing effects with no downtime.

## EYE TREATMENT

\$50

*Add on to facial*

Upgrade any facial with this treatment to address fine lines, wrinkles, dark circles and puffiness. This treatment involves massaging the eye area with a machine using high temperature to stimulate blood circulation and reduce eye bags. Finishing with a collagen-boosting eye mask, this will lift your skin and reduce fine lines around delicate eye areas to reveal brighter, more refreshed eyes. Suitable for sensitive skin.

## BROW TINT

\$40

Application of semi-permanent dye to enhance, shape, and define your brows.

## EYELASH TINT

\$40

Eyelash tint consists of adding a special dye to your eyelashes, giving you dark, full lashes without the assistance of mascara.

## EYEBROW SHAPE

\$40

Eyebrow shape with tweeze and trim.



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## MASSAGE

### SIGNATURE RELAX MASSAGE

\$220

90 Min

*With ultimate face ritual*

This full body massage has been designed to promote general relaxation, relieves muscular tension, improves circulation and movement range, leaving you feeling deeply relaxed. This treatment works from your head to your toes, and concludes with a relaxing facial, dissolving away all of your stress tension.

### SWEDISH RELAX MASSAGE

\$158

60 Min

A Swedish massage focuses on muscle relaxation, targeting superficial muscles and increasing the level of oxygen in the blood. It helps to improve circulation and flexibility while easing tension. This massage incorporates several specific techniques, including long, gliding strokes to help break up trigger points and rhythmic tapping with cupped hands to facilitate relaxation. These techniques combine to relax the entire body by warming up the muscle tissue, releasing tension and gradually breaking up any knots.

### COUPLES MASSAGE

\$379

90 Min

Relax and unwind with your BFF or your better half and indulge in a couples massage and relaxing facial experience for two. Choose between a Relax, Swedish or Deep Tissue massage, finished with a facial. The treatment will be 1.5 hours per person.



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## SPA PARTY

*Designed for groups of three or more, Spa Nomad pamper parties are the perfect option for hen's and bridal parties, baby showers, Mother's groups, ladies nights in or just taking some time to relax and unwind with friends.*

60 MINS (Per Person)

\$158

30 min Express Facial + 30 min Swedish or Relax Massage.

90 MINS (Per Person)

\$200

60 min Facial + 30 min Swedish or Relax Massage.

120 MINS (Per Person)

\$245

60 min Advanced Facial (Oxygen, Brightening, Collagen, Prenatal/Postnatal) + 30 min Swedish or Deep Tissue Massage + Eye Trio Treatment (eyebrow shape, eyebrow and eyelash tint).